What Is the School Counselor’s Role in PBIS/RTI in the School Counseling Program?

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What Is the School Counselor’s Role in PBIS/RTI in the School Counseling Program?

Agenda

I. Introduction
II. Definition - Positive Behavior Interventions and Support and Response to Intervention
III. An Overview of Guidance System Components
IV. System Components
V. Life Labs - The Heart of the Real Classroom
VI. The School Counseling Program SchoolHouse
VII. Integration with PBIS/RTI Pyramid
VIII. Student Impact with Developmental Approach
IX. Challenges and ideas for integration
X. Questions & Closing

We can create true democratic classrooms that insist ALL students be accountable and responsible. School environments need to be examples of democracy in action.

– Tommie R. Radd, PhD
PBIS is a prevention general education framework that works for all students. Positive Behavioral Interventions and Supports (PBIS) is a general term that refers to positive behavioral interventions and systems used to achieve important behavior changes. PBIS was developed as an alternative to aversive interventions used with students with significant disabilities who engaged in extreme forms of self injury and aggression.

PBIS is not a new theory of behavior, but a behaviorally based systems approach to enhancing the school’s ability to design effective environments that are conducive to quality teaching and learning. The National Education Association (NEA) views PBIS as a general education initiative, though its impetus is derived from the special education law, the Individuals with Disabilities Education Act (IDEA).
RTI Definition

Response to Intervention (RTI) is a multi-tier approach to the early identification and support of students with learning and behavioral needs. Response To Intervention is the practice of providing high-quality instruction and interventions matched to student need, monitoring progress frequently to make changes in instruction or goals, and applying child response data to important educational decisions.
The whole is equal to more than the sum of its parts.

~ Tommie R. Radd, PhD
### The Grow With Guidance® System

#### Core Skills for All Components and Essential Learning Domain Standards (ELD)

#### System Components

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<tr>
<th>Behavior Management</th>
<th>Self-Talk/ Self Pictures</th>
<th>Implementation Skills</th>
<th>Family</th>
<th>Personal, Emotional, Behavioral, Social (PEBS) Essential Learning Domain</th>
<th>Curriculum</th>
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<td>Essential Learning Domain</td>
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#### Performance Observation/Evaluation Strategies

|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|

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Interactive • Interrelated • Interdependent System

Foundation for: Classroom and School Life Lab • Counseling Program School House • ALL Growth and Prevention Formulas
A comprehensive, developmental guidance system for classrooms and schools with the necessary components for success. Each component is implemented slowly and simultaneously with a 3- to 5-year plan until all system components are in place.

The interactive, interrelated, and interdependent movement between system components.
Overview of a Guidance System

- Behavior Management - Extrinsic - what we say and do
- Self-Talk & Self-Pictures - Intrinsic - what we say and believe with what we think and feel
- Curriculum - Student Skills
- Implementation - Staff Skills
- Family Involvement - Family Skills
- Observation/Evaluation
System Components Implemented

- Congruent
- Systemic - identify all components of the system or whole and understand the relationship between components
- Slowly and simultaneously
- 3-5 year process
- The Whole is larger than the sum of the parts
Classroom Group Guidance System Checklist

I. Positive Behavior Plan
   1. Share Standards, Benchmarks, and Indicators
   2. Self-Concept Series/Weave as it relates to Behavior
   3. Five Star Class Meetings
   4. Class Responsibilities and Guidelines
   5. Problem-Solving—"Help" vs. "Hurt"
   6. Effective Behavior Interactions
   7. Problem Ownership
   8. Cooperative Strategies
   9. Contracts
   10. Peer Group Work
   11. The Five C's for Managing Conflict
   12. Performance Observation/Evaluation
   13. Increase Component Implementation Annually

II. Self-Talk/Self-Pictures Plan
   1. Share Standards, Benchmarks, and Indicators
   2. Self-Concept Series/Weave as it relates to Self-Talk/Self-Pictures
   3. Activity Process General Self-Talk
   4. Activity Process Specific Self-Talk
   5. Activity Process General Self-Pictures
   6. Activity Process Specific Self-Pictures
   7. Incorporate Relaxation
   8. Performance Observation/Evaluation
   9. Increase Component Implementation Annually

III. Curriculum Plan
   1. Share Standards, Benchmarks, and Indicators
   2. Self-Concept Series/Weave as it relates to Student Skills
   3. Begin Core Activities
   4. CANA (Children's Affect Needs Assessment) Administered
   5. ITS (Invitational Teaching Survey) Administered
   6. Florida Key Administered
   7. CANA Pre Report
   8. ITS Pre Report
   9. Florida Key Pre Report
   10. Select Activities
   11. Format implemented for all Activities
   12. Performance Observation/Evaluation
   13. Post CANA, Post ITS, and Post Florida Key Tests Administered
   14. CANA, ITS, and Florida Key Post Reports
   16. Increase Component Implementation Annually

IV. Staff Implementation Skills
   1. Share Standards, Benchmarks, and Indicators
   2. Self-Concept Series/Weave as it relates to Staff
   3. Overview of the System
   4. Overview of Behavior Management Component
   5. Overview of Self-Talk/Self-Pictures Component
   6. Overview of Staff Implementation Skills
   7. Overview of Curriculum Component
   8. Conduct Staff Needs Assessment
   9. Prioritize Staff Skills
   10. Encouragement Strategies
   11. Prioritize Group Techniques
   12. Prioritize Other Needs Based on the ITS and Needs Assessment
   13. Performance Observation/Evaluation
   14. Increase Component Implementation Annually

V. Family Involvement
   1. Share Standards, Benchmarks, and Indicators
   2. Self-Concept Series/Weave as it relates to Families
   3. Overview of the System
   4. Overview of Behavior Management Component
   5. Overview of Self-Talk/Self-Pictures Component
   6. Overview of Staff Implementation Skills
   7. Overview of Student Curriculum Skills Component
   8. Conduct Family Needs Assessment
   9. Prioritize Skills from Behavior Management Component
   10. Prioritize Skills from Self-Talk/Self-Pictures Component
   11. Prioritize Skills from Staff Implementation Skills
   12. Prioritize Skills from Curriculum Core and Other Skills
   13. Performance Observation/Evaluation
   14. Increase Component Implementation Annually

It is recommended that all system information be included for families when possible.

VI. Developed a 3- to 5-year plan in the components for simultaneous, slow implementation.

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Traditional Classroom

- PE
- Cognitive Information
- Primary Focus
- Music
- Art
- Guidance
- other
The Real Classroom
Life Lab

A way of defining the classroom as a simulation in which students, pre-K-12 and beyond, learn, experience, and apply the essential skills needed for life; the comprehensive developmental guidance system creates a life lab in every classroom through which students develop a conscious and intentional frame of reference that can be applied throughout life.
Suggested Elementary Counselor Time Allocations

I. Foundation: 40%
II. Counseling Groups: 30%
III. Individual Counseling: 10%
IV. All Others: 20%

Suggested Middle/JR. High School Counselor Time Allocations

I. Foundation: 35-30%
II. Counseling Groups: 30-35%
III. Individual Counseling: 10%
IV. All Others: 25%

Suggested High School Counselor Time Allocations

I. Foundation: 30-25%
II. Counseling Groups: 30-35%
III. Individual Counseling: 10%
IV. All Others: 25-35%
80-90%
ALL STUDENTS
Grow With Guidance System +
School House

80-90% School House
- Foundation
- Enrichment Programs
- Staff involvement
- Family involvement
- Resource development
- Professional teams & committees

Formulas
- IAIE Formula
- Other Grow With Guidance formulas

Academic Formulas
- GWG with Academic Best Practices
- Assessments to focus programming for all students
5-10% SOME STUDENTS
Small Groups & Individual Counseling

- Targeted academic, personal, emotional, social, behavioral programming
- Targeted resources
- Targeted family involvement
- Targeted staff involvement
- Assessments to target student growth
1-5% INDIVIDUAL STUDENTS

Increased Individual, Family, Staff Interventions

- Increased academic, personal, emotional, behavioral, social programming
- Increased targeted individual resources & counseling
- Assessments to target individual growth & determine options based on results & data
1-5%
INDIVIDUAL STUDENTS
Increased Individual, Family, Staff Interventions
• Increased academic, personal, emotional, behavioral, social programming
• Increased targeted individual resources & counseling
• Assessments to target individual growth & determine options based on results & data

5-10%
SOME STUDENTS
Small Groups & Individual Counseling
• Targeted academic, personal, emotional, social, behavioral programming
  • Targeted resources
  • Targeted family involvement
  • Targeted staff involvement
  • Assessments to target student growth

80-90%
ALL STUDENTS
Grow With Guidance System + School House
• Foundation
  • Enrichment Programs
  • Staff involvement
  • Family involvement
  • Resource development
  • Professional teams & committees

Formulas
• IAIE Formula
• Other Grow With Guidance formulas

Academic Formulas
• GWG with Academic Best Practices
  • Assessments to focus programming for all students
Personal, social, emotional and behavioral skills are the only constant in every situation. The level of development of those skills determines if one will respond or react over time.

—Tommie R. Radd, PhD

Remember:

The impact of Social Emotional Learning Programs is documented by recent research to increase academic achievement test scores by up to 11 percentile points. The Systems approach demonstrates ways to create an inviting school climate while effectively meeting the learning needs for all students with an RTI process that addresses the needs of the whole child.
1. What Is The Impact on Students of Implementing A Developmental School Counseling System and Program?

2. What Are Three Things You Can Do Now To Integrate Ideas Discussed Today?
Joel A. Barker, Futurist

- School is a place that is a “life preparation center.”

- Real live collaboration is 50% of all work in the real world

Keynote address - Battelle for Kids Value-Added Conference, October 2006
Invitational Education Formula

Students can develop their spirit, purpose and potential when . . .

• there is a plan for change that is an integral part of the day-to-day operation of a school

• there is a conscious plan to support the self-concept development of all within a school

• the perception of students, staff, and families regarding school relationships, procedures, and policies is communicated and modified when it is destructive
Invitational Education Formula
(Continued)

• personal, social, emotional, and behavioral skills are taught

• students provide ongoing feedback to educators as to their day-to-day experiences in school

• there is an intentional process for consciously creating an inviting environment for all students
GWG Assessments
Self-Concept Series
Resources

ITS
CANA
Florida Key
Self-Concept Series
ISS (see IAIE Web Site)
Other System Assessment
Invitational Teaching Survey (ITS)

A 43-question diagnostic class climate assessment, taken by students, which gives student input about their classroom experiences and whether they have a feeling of being “invited”; a diagnostic tool to involve students and get their input on ways to improve climate and school relationships; one indicator of ways to support staff growth experiences and plans; one way to observe and evaluate change at the end of a school year through pre-post assessment; the school climate assessment included in The Grow With Guidance® System.
Children’s Affect Needs Assessment (CANA)

A 42-question diagnostic curriculum assessment taken by students that provides student input into their classroom guidance curriculum activity selection; a diagnostic tool to involve students and create a sense of student ownership for guidance skill implementation and change (Note: ownership occurs when students “own” a problem and admit, recognize, and acknowledge personal needs and challenges that support assuming responsibility and commitment for change); assessment questions asked in the five essential learning strands of the curriculum of The Grow With Guidance® System; one way to observe and evaluate change at the end of the school year through pre-post assessment; the student curriculum assessment included in The Grow With Guidance® System.
Many in education, psychology, sociology, and related fields have recognized the significant relationship between self-concept and school achievement. On the basis of available research, it now appears that students who doubt their ability to learn in school carry with them a tremendous educational handicap. The purpose of *The Florida Key* is to provide teachers, counselors, and related professionals with a relatively simple instrument designed to measure both inferred and professed student self-concept-as-learner. It provides teachers and related professionals insight into students’ perceptions of themselves as learners. *The Florida Key* identifies and measures selected student behaviors that are believed by classroom teachers to correlate with positive realistic student self-concepts in the area of school success.
1. All are important and valuable no matter what they think, say, feel, and do.

2. All show they are remembering their worth by making helpful choices toward themselves and others. They are responsible for helping not hurting self and others.

3. All are responsible for their choices. This accountability empowers all to make improvements because of their worth.

NOTE: See Pod Cast at www.allsucceed.com
References


A complete Research Report is available at
www.allsucceed.com and
http://allsucceed.com/gwg-research-report.html